

Interview Dress Codes

Before you say a word to an interviewer, you will have already made an impression based on how you are presented. We have put together a small guide of dress codes that are commonly accepted as appropriate for interviewing.

It has been said that 33% of hiring managers know within the first 90 seconds of the interview whether they will consider you, so it is important to get the details right:



MEN

- ◆ Take some time to groom yourself. Keep your hair neat and ensure that you are either clean shaven or your beard is trimmed.
- ◆ Choose a matching suit. You don't need to spend a fortune, however it should fit well and be tailored to you.
- ◆ An ill-fitting suit makes you look unprofessional, and gives the impression that you haven't taken the time to show your best self.
- ◆ Always wear a long-sleeved shirt, which like your suit, should be nicely fitted. Choose a good quality tie to add a pop of colour, but avoid unconventional colours or flashy patterns.
- ◆ You should try to match your belt to your shoes, wear dark socks and dark leather business shoes.

WOMEN

- ◆ Ensure your hair is styled nicely and out of your face. Any make up you wear should be minimal as to not be a distraction.
- ◆ Much like men, you should pick a two piece suit that is fitted but not snug.
- ◆ If you choose a trouser suit and not skirt, it should be hemmed so the cuff does not drag. Skirts should typically be knee-length.
- ◆ Wear a nice blouse under your jacket to compliment your suit. Avoid ruffles or garish prints.
- ◆ Hosiery should match your skin colour. Ensure that there are no ladders or holes.
- ◆ Choose nice shoes that match your suit. Avoid open toed shoes, make sure that they are comfortable and easy for you to walk in.

You may not need to dress like this everyday, but you are more likely to be taken seriously when you present yourself in a professional manner. Dressing professionally shows respect to interviewer and company, but also shows that you respect and take yourself seriously.